

STEPHANIE S. COVINGTON, PH.D., L.C.S.W.
Institute for Relational Development
Center for Gender and Justice
7946 Ivanhoe Avenue, Suite 201B
La Jolla, California 92037
858-454-8528

PROFESSIONAL PREPARATION

1979-1982 Ph.D., Psychology
 The Union Institute

1969-1970 M.S.W., Psychiatric Social Work
1964-1965 Columbia University, School of Social Work

1963-1964 Mangold Language Institute, Madrid, Spain
 Alliance Francaise, Paris, France

1961-1963 B.A., Psychology (cum laude)
 University of Southern California

1960-1961 Pomona College

PROFESSIONAL EXPERIENCE

Teaching

1981-2008 University of California, San Diego
 Continuing Medical Education
 Addiction Training Center

1982-1988 California School of Professional Psychology
 San Diego, California
 Addictive Behavior

1982-1984 San Diego State University
 San Diego, California
 Health Science, Women's Studies

1983-1984 Professional School of Humanistic Psychology
 San Diego, California
 Counseling Psychology

1983-1984 United States International University
 San Diego, California
 Counseling Psychology

Teaching (con't)	1983-1984	University of Southern California Los Angeles, California Social Psychology
	1984-2003	University of Utah Salt Lake City, Utah Addiction Studies
Consultation (representative listing)		Arizona Department of Juvenile Corrections <i>System analysis and recommendations for gender-responsive services</i>
		Betty Ford Treatment Center, Rancho Mirage, California <i>Program design and institutional development</i>
		California Department of Corrections and Rehabilitation (CDCR) <i>Development of gender-responsive services</i>
		Center for Dependency, Addiction and Rehabilitation (CeDAR), Denver, CO <i>Development of gender-responsive services</i>
		Center for Substance Abuse Prevention, Washington, D.C. <i>Resource and expert consultant</i>
		Center for Substance Abuse Treatment, Washington, D.C. <i>Resource and staff development</i> <i>Program assessment</i> <i>TIP workgroup chair (Women's TIP and Trauma TIP)</i>
		Connecticut Women's Consortium <i>Development of gender-responsive services</i>
		Cook County, Illinois, Sheriff's Department Department of Women's Justice Services <i>Program development</i>
		Correctional Services of Canada <i>Design of gender-responsive services</i>
		Departments of Correction and Probation, NYC Department of Homeless Services, NYC <i>Facilitation of discharge planning process</i>
		Department of Corrections, Pennsylvania <i>Training and consultation</i> <i>Program development and system analysis</i>
	Federal Bureau of Prisons, Carswell, Texas <i>Training and consultation</i>	

Consultation (cont.)

Georgetown University Law Center
Marginalized girls advisory group

National GAINS Center for Evidence-Based Programs in the Justice System
Advisory workgroup

National Institute of Corrections, Washington, D.C.
Consultant, trainer and researcher

North Carolina Department of Mental Health
Trained and supervised women's program coordinators
Developed and presented fifteen annual training conferences

Oxfordshire Probation Service, Oxford, England
Development of a learning organization

Personal Performance Consultants, St. Louis, Missouri
Trained Employee Assistance Program providers

Pine Grove Behavioral Health, Hattiesburg, Mississippi
Development of the Women's Center

Ruskin College, Oxford, England
Conducted addiction training seminars

United Nations Office on Drugs and Crime, Vienna
Develop gender-responsive treatment report

Young Presidents' Organization
Conducted programs for CEOs and spouses

Presentations
(representative listing)

Alcohol and Drug Problems Association, Chicago, IL

Alcoholism Center for Women, Los Angeles, CA

American Association of Sex Educators, Counselors, and
Therapists, San Diego, CA; and Phoenix, AZ

American Correctional Association

American Probation and Parole Association

American Society of Criminology

Annual Women & Addiction Conference, North Carolina
Department of Mental Health

Annual Women & Addiction Conference, South Carolina

Presentations (cont)

Association of Women in Psychology Conference,
Boston, MA; Seattle, WA; and Indianapolis, IN

Betty Ford Treatment Center, Rancho Mirage, CA

Biola University, La Mirada, CA

California Conference on Alcoholism, Pacific Grove, CA

California Guidance Association Seminar, Honolulu, HI

California State Psychological Association Conference

California Women's Commission on Alcoholism, San Diego,
Sacramento and Asilomar, CA

Child Welfare League 2005 National Girls Initiative, Scottsdale, AZ

Christchurch School of Medicine, Winter School, New Zealand

Department of Mental Health, Guam

Edgehill Newport Foundation, Newport, RI

Ersta Hospital, Stockholm, Sweden

International Addiction Training Center, Cashel, Ireland

International Congress on Alcohol & Drug Dependence,
Tangiers, Morocco and Calgary, Canada

International Institute on Alcoholism and Addictions,
Belgrade, Yugoslavia; Athens, Greece; Rome, Italy

Mid-South Summer School, Arkansas

Monash University, Prato, Italy

National Association of Alcoholism Counselors

National Association of Social Workers

National Council on Alcoholism, Orange and
San Diego, CA; Phoenix, AZ; Atlanta, GA

National Institute on Drug Abuse (NIDA), Bethesda, MD

National Women's Studies Association Conference, Arcata, CA

- Presentations** (cont)
- National Roundtable for Women in Prison, Washington, DC; New York, NY; Atlanta, GA
 - National Workshop on Adult and Juvenile Offenders, South Carolina; Minnesota; Chicago; Maine; Mississippi; Utah
 - New York Department of Parole
 - New York City Department of Probation
 - Northeast Conference on Addictions, Albany, NY
 - United Nations Office on Drugs and Crime, Vienna, Austria
 - University of California, San Diego, Medical Conferences
 - University of Cambridge, Cambridge, United Kingdom
 - Western Society of Criminology
 - Women's Justice Alliance, NY
 - World Sexology Conference, Washington, DC
 - Young Presidents' Organization, Puerto Vallarta, Mexico

CLINICAL PRACTICE

- 1981– 2010
 - Individual, Couples, and Family Therapy
 - Specializing in Chemical Dependency and Other Addictions
 - Licensed Clinical Social Worker
 - Licensed Marriage, Family, and Child Therapist
- 1994 – present
 - Co-director
 - Institute for Relational Development
 - La Jolla, California
- 2000 – present
 - Co-director
 - Center for Gender and Justice
 - La Jolla, California

PUBLICATIONS

With S. Kubiak and C. Hillier. "Trauma-Informed Corrections." In Springer, D. & Roberts, A. (editors). *Social Work in Juvenile and Criminal Justice System, 4th edition*. Springfield, IL; Charles C. Thomas, 2017.

Voices: A Program of Self-Discovery and Empowerment for Girls. Carson City, NV: The Change Companies, 2004, revised 2017.

Beyond Trauma: A Healing Journey for Women. Center City, MN: Hazelden, 2003, revised 2016.

With E. Russo. *Healing Trauma: A Brief Intervention for Women CD-Rom, Facilitator's Guide and Workbook in English and Spanish.* Center City, MN: Hazelden, 2011, revised 2016.

With R. Rodriguez. *Exploring Trauma: A Brief Intervention for Men CD-Rom, Facilitator's Guide and Workbook in English and Spanish.* Center City, MN: Hazelden, 2016.

With S. Krammer, Y. Linder, M. Peper and D. Klecha. "Trauma and mental health in respect of detained women in Switzerland." (September 2015). *Swiss Journal of Criminology*, ISSN 1660-2501. Bern, Switzerland.

"Beyond Violence: Women in Prison Find Meaning, Hope, and Healing." (Fall 2015). *Trauma Matters.* Connecticut Women's Consortium and the Connecticut Department of Mental Health and Addiction Services in support of the Connecticut Trauma Initiative.

"Becoming Trauma Informed: A Core Element in Women's Treatment." (August 2015). *Counselor Magazine.* Deerfield Beach, Florida.

"Creating gender-responsive and trauma-informed services for women in the justice system." *Magistrate*, Volume 70, Number 5, Pgs 2-3. The Magistrates' Association: London, United Kingdom, October/November 2014.

Beyond Anger and Violence: A Program for Women. Hoboken, NJ: John Wiley & Sons, Inc., 2014.

"Chapter IV: Understanding and Applying Gender Differences in Recovery." In United Nations Interregional Crime and Justice Research Institute (UNICRI) (Eds.), *Dawn Drug Alcohol Woman Network: Promoting a Gender-Responsive Approach to Drug Addiction (a Collection of Good Practices).* Turin, Italy: Author, December 2013.

Beyond Violence: A Prevention Program for Criminal Justice-Involved Women. Hoboken, NJ: John Wiley & Sons, Inc., 2013.

"Curricula to Support Trauma-Informed Practice with Women". In N. Poole & L. Greaves (Eds), *Becoming Trauma Informed.* Toronto, Ontario, Canada: Centre for Addiction and Mental Health (CAMH), 2012.

With D. Griffin and R. Dauer. *Helping Men Recover: A Program for Treating Addiction* (with a special edition for the criminal justice system). San Francisco: Jossey-Bass, 2011.

A Woman's Way through the Twelve Steps, Facilitator's Guide and DVD. Center City, MN: Hazelden, 2009.

"Women and Addiction: A Trauma-Informed Approach." *Journal of Psychoactive Drugs*, SARC Supplement 5, November 2008, 377-385.

With C. Burke, S. Keaton and C. Norcott, "Evaluation of a Trauma-Informed and Gender-Responsive

Intervention for Women in Drug Treatment.” *Journal of Psychoactive Drugs*, SARC Supplement 5, November 2008, 387-398.

Helping Women Recover: A Program for Treating Addiction (with a special edition for the criminal justice system). San Francisco: Jossey-Bass, 1999, revised 2008.

With Bloom. “Addressing the Mental Health Needs of Women Offenders.” In R. Gido and L. Dalley, eds., *Women’s Mental Health Issues Across the Criminal Justice System*. Columbus, OH: Prentice Hall, 2008.

Women and Addiction: A Gender-Responsive Approach. Hazelden Clinical Innovators Series. Center City, MN: Hazelden, 2007.

“The Relational Theory of Women’s Psychological Development: Implications for the Criminal Justice System.” In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions*, 2nd Edition. Sudbury, MA: Jones & Bartlett Publishers, 2008.

“Women and the Criminal Justice System.” Editor’s commentary. *Women’s Health Issues*, 17(4), 2007.

“Working with Substance Abusing Mothers: A Trauma-Informed, Gender-Responsive Approach.” *The Source*. 17 (1), 2007, 1-6.

With B. Bloom. “Gender Responsive Treatment Services in Correctional Settings.” In E. Leeder, ed., *Inside and Out: Women, Prison, and Therapy*. Haworth Press, 2007. Also published as *Women and Therapy*, Vol. 29, Nos. 3/4.

With B. Bloom and B. Owen. “A Summary of Research, Practice, and Guiding Principles for Women Offenders. The Gender-Responsive Strategies Project: Approach and Findings.” *National Institute of Corrections Bulletin*, 2005.

“The *Voices* Program for Girls: Theoretical Foundations and Program Overview.” Civic Research Institute, *Women, Girls & Criminal Justice* 6 (1) (December/January, 2005).

“Self-Discovery and Empowerment: The *Voices* Program for Girls.” Civic Research Institute, *Women, Girls & Criminal Justice* 5(6) (October/November, 2004).

With B. Bloom. “Creating Gender-Responsive Services in Correctional Settings: Context and Considerations.” Paper presented at the American Society of Criminology Annual Meeting, Nashville, Tennessee, November 2004.

With A. Harrison, M. A. Jessup, & L. M. Najavits. “Weaving the Vision: Research-to-Practice Strategies for Women’s Recovery.” *The Counselor*, August 2004, Vol. 5, 57-64.

With B. Bloom, & B. Owen. “Women Offenders and Gendered Effects of Public Policy.” *Review of Policy Research* 21(1) (2004): 31-48.

With B. Bloom. “Gendered Justice: Women in the Criminal Justice System.” In B. Bloom, ed., *Gendered Justice: Addressing Female Offenders*. North Carolina: Carolina Academic Press, 2003.

With B. Bloom & B. Owen. "Gender Responsive Strategies: Research, Practice and Guiding Principles for Women Offenders." Report prepared for the National Institute of Corrections, 2003.

"A Woman's Journey Home: Challenges for Female Offenders." In J. Travis and M. Waul, eds., *Prisoners Once Removed*. Washington, D.C.: The Urban Institute, 2003.

"The Journey Home: Challenges for Women Released from Prison." Civic Research Institute, *Women, Girls and Criminal Justice* 4(4) (June/July, 2003).

Women in Recovery: Understanding Addiction. Carson City, NV: The Change Companies, 2002.

Mujeres en Recuperacion: Entendiendo la Adiccion. Carson City, NV: The Change Companies, 2002.

"Helping Women Recover: Creating Gender-Responsive Treatment." In L. Straussner and S. Brown, eds., *Handbook of Women's Addictions Treatment*. San Francisco: Jossey-Bass, 2002.

With B. Bloom & B. Owen. "A Theoretical Basis for Gender-Responsive Strategies in Criminal Justice." Paper presented at the American Society of Criminology Annual Meeting, Chicago, Illinois, November 2002.

With B. Bloom. "Effective Gender-Responsive Interventions in Juvenile Justice: Addressing the Lives of Delinquent Girls." Paper presented at the 53rd Annual Meeting of the American Society of Criminology, Atlanta, Ga., November 2001.

"Creating Gender-Responsive Programs: The Next Step for Women's Services." *Corrections Today*, February 2001.

With B. Bloom. "Gendered Justice: Programming for Women in Corrections Settings." Paper presented at the 52nd Annual Meeting of the American Society of Criminology, San Francisco, Calif., November 2000.

With J. Surrey. "The Relational Model of Women's Psychological Development: Implications for Substance Abuse." *Work in Progress*, no. 91. Wellesley, Mass.: Stone Center, Working Paper Series, 2000.

A Woman's Way through the Twelve Steps Workbook. Center City, MN: Hazelden, 2000.

"Helping Women Recover: A Comprehensive Integrated Treatment Model." *Alcoholism Treatment Quarterly* 18(3) (2000): 99-111.

Awakening Your Sexuality: A Guide for Recovering Women. Center City, MN: Hazelden, 2000.

"Helping Women Recover: Creating Gender-Specific Treatment for Substance-Abusing Women and Girls in Community Corrections." In M. McMahon, ed., *Assessment to Assistance: Programs for Women in Community Corrections*. Latham, Md.: American Correctional Association, 2000, 171-233.

"Creating Gender-Specific Treatment for Substance-Abusing Women and Girls in Community Correctional Settings." Civic Research Institute, *Offender Programs Report* 3(3) (September/October 1999).

"Facilitating the *Helping Women Recover* Program." Civic Research Institute, *Offender Programs Report* 3(4) (November/December 1999).

With B. Bloom. "Gender-Responsive Programming and Evaluation for Women in the Criminal Justice System: A Shift from *What Works?* to *What Is the Work?*?" Paper presented at the 51st Annual Meeting of the American Society of Criminology, Toronto, Canada, November 1999.

With B. Bloom. "Gender-Specific Programming for Female Offenders: What Is It and Why Is It Important?" Paper presented at the 50th Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." Paper presented at the 50th Annual Meeting of the American Society of Criminology, Washington, D.C., November 1998.

"The Relational Theory of Women's Psychological Development: Implications for the Criminal Justice System." In Ruth T. Zaplin, ed., *Female Offenders: Critical Perspectives and Effective Interventions*. Gaithersburg, MD: Aspen Books, 1998.

"Women in Prison: Approaches in the Treatment of Our Most Invisible Population." Haworth Press, *Women and Therapy Journal* 21(1) (1998): 141-155.

With J. Surrey. "The Relational Model of Women's Psychological Development: Implications for Substance Abuse." In Sharon and Richard Wilsnack, eds., *Gender and Alcohol: Individual and Social Perspectives*. New Brunswick, N.J.: Rutgers Center of Alcohol Studies, 1997, 335-351.

"Women, Addiction, and Sexuality." In L. Straussner and E. Zelvin, eds., *Gender Issues in Addiction: Men and Women in Treatment*. Northvale, NJ: Jason Aronson, 1997.

"Women, Sex, and Recovery." *Professional Counselor*, April 1997, 27-30.

A Woman's Way through the Twelve Steps. Center City, MN: Hazelden, 1994.

"Sexuality and Women in Recovery." Association for Humanistic Psychology, *AHP*

Perspectives, July/August 1993, 18-19.

"Alcohol, Addiction and Sexual Dysfunction." In Edith Freeman, ed., *Substance Abuse Treatment*. Thousand Oaks, CA: Sage Publications, 1993.

"Sexuality and Women in Recovery." *The Counselor*, November/December 1991, 16-18.

"Sororities of Helping and Healing: Women and Mutual Help Groups." In Paula Roth, ed., *Alcohol and Drugs are Women's Issues*. Metuchan, NJ: Scarecrow Press, 1991

With L. Beckett. *Leaving the Enchanted Forest: The Path from Relationship Addiction to Intimacy*. San Francisco: Harper San Francisco, 1988.

"Alcohol and Female Sexuality." *Alcoholism and Addiction*, May/June 1987.

"Physical, Emotional, and Sexual Abuse: Facing the Clinical Challenges of Women Alcoholics." *Focus on Family and Chemical Dependency*, May/June 1986.

"Misconceptions about Women's Sexuality: Understanding the Influence on Alcoholism." *Focus on Family and Chemical Dependency*, March/April 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part II." *The ALMACAN*, February 1986.

With A. Clark. "Women, Drinking, and the Workplace: Part I." *The ALMACAN*, January 1986.

"Alcohol and Family Violence." In *Proceedings of the 34th International Congress on Alcoholism and Drug Dependence*, Calgary, Canada, 1985.

"Sexuality and the Chemically Dependent Woman." *The 31st International Institute on the Proceedings, Prevention and Treatment of Alcoholism*, Rome, Italy, 1985.

"Nutritional Factors Affecting Alcoholism." *Anabolism*, Winter 1985.

With J. Kohen. "Women, Alcohol, & Sexuality." *Advances in Alcohol and Substance Abuse* 4 (1) (Fall 1984).

"Treatment for Women." In *Proceedings of the 30th International Institute on the Prevention and Treatment of Alcoholism*, Athens, Greece, 1984.

"Sex and Alcohol: What Do Women Tell Us?" In *Proceedings of the 33rd International Congress on Alcoholism and Drug Dependence*, Tangiers, Morocco, 1982.

"Sexual Experience, Dysfunction, and Abuse: A Descriptive Study of Alcoholic and Nonalcoholic Women." Dissertation. Ann Arbor, Mich: University Microfilms, 1982.

PROFESSIONAL AFFILIATIONS

Advisory Council for Women's Services, SAMHSA
 American Association of Marriage and Family Therapy
 American Board of Medical Psychotherapists, Diplomate
 American Board of Sexology, Diplomate
 American Correctional Association
 American Psychological Association
 American Society of Criminology
 Association of Women in Psychology
 International Council on Alcoholism and Addictions
 (past chair, Women's Committee)
 National Association of Social Workers, Diplomate
 Western Society of Criminology