

STEPHANIE S. COVINGTON, PhD, LCSW
Institute for Relational Development | Center for Gender & Justice
7946 Ivanhoe Avenue, Suite 201 B, La Jolla, California 92037
Phone: (858) 454-8528 Fax: (858) 454-8598
www.stephaniecovington.com www.centerforgenderandjustice.org

Certified Training Associate
Shane Pugh, LADC



Shane Pugh is a licensed alcohol and drug counselor who works at Nivon Wellness Center in Saint Paul, Minnesota. Shane is a national trainer who facilitates trainings for clinicians, therapists, corrections officers, and community members to work with issues related to substance use, trauma, and identity. He has gained substantial experience working with various populations including men, women, LGBTQ+, multicultural communities, those without housing, and people with more complex mental health. Shane also works in the development of individual counselors and assists organizations in developing clinical teams.

Shane is a coauthor of *Exploring Trauma+: A Brief Intervention for Men and Gender Diverse People*, an innovative 6 session intervention designed for work with people who identify as male. In addition, he has extensive experience in facilitating and training *Helping Men Recover* curriculum; and contributed to the upcoming revision of this work. Shane has also contributed to the development of other trauma-based curriculums for use in treatment and recovery. Shane currently serves as a member of the Board of Directors for Rainbow Health, a nonprofit organization whose mission is work for equitable health care access and outcomes for people who experience injustice at the intersection of health status and identity. Shane holds a Bachelor of Arts degree in Counseling Psychology from the College of Individualized Studies at Metropolitan State University, with an emphasis on trauma and multicultural/marginalized populations.