

# A Woman's Way through the Twelve Steps





## A Special Evening of Reflection and Connection

Thirty years ago, psychologist Stephanie S. Covington, PhD, wrote a book designed to open the healing wisdom of the Twelve Steps to women. Today, A Woman's Way through the Twelve Steps is a mainstay of recovery for women everywhere.

You are invited to gather with friends in the recovery community for an empowering evening with the renowned and beloved author.

### A Woman's Way through the Twelve Steps Presented by Dr. Stephanie S. Covington

Thursday, June 8 from 7-8:30 p.m.

Royal Sonesta Hotel 35 South 7th Street Minneapolis, MN 55402



#### A Gift for You

You will receive a free copy of A Woman's Way through the Twelve Steps if you are among the first 150 guests to attend.

#### **Healing Insight and Connection**

In A Woman's Way through the Twelve Steps, Dr. Covington lifts up the voices and lived experience of women in recovery—offering perspectives on Twelve Step principles and practices that ring true for women. Don't miss this opportunity to hear Dr. Covington share the origin story of A Woman's Way through the Twelve Steps and celebrate the collective wisdom of women from all walks of life who continue to inspire her healing work.

**No cost, but space is limited.** Register today. HazeldenBettyFord.org/Events



**Questions?** Contact Jennifer Kirchberg at JKirchberg@HazeldenBettyFord.org