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Certified Training Associate Shane Pugh, LADC



Shane Pugh is a licensed alcohol and drug counselor who currently works with clients in Minneapolis MN. Shane is a national trainer who facilitates trainings for clinicians, therapists, corrections officers, and community members to work with issues related to substance use, trauma, and identity. He has gained substantial experience working with various populations including men, women, LGBTQ+, multicultural communities, those without housing, and people with more complex mental health. Shane also works in the development of individual counselors and assists organizations in developing clinical teams.

Shane is a coauthor of *Exploring Trauma+: A Brief Intervention for Men and Gender Diverse People*, an innovative 6 session intervention designed for work with people who identify as male. In addition, he has consulted on the development of the current version of *Helping Men Recover* curriculum. and has extensive experience facilitating that program. Shane has also contributed to the development of other trauma-based curriculums for use in treatment and recovery.