



HEALING TRAUMA

A Brief Intervention for Women

SECOND EDITION

Facilitator Guide

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Editor's note

The first edition of this guide was titled *Healing Trauma: Strategies for
Abused Women*.

This publication is not intended as a substitute for the advice of behavioral
health care professionals.

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Productive, and Happy for a Lifetime* by John B. Arden, 2014. Reprinted
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