



5716 Folsom Blvd. #184, Sacramento, CA 95819  
 Phone: (530) 864-6834 Email: [kim@stephaniecovington.com](mailto:kim@stephaniecovington.com)  
[www.stephaniecovington.com](http://www.stephaniecovington.com) and select "Bookstore" from the "Books" drop down menu

## BOOK ORDER FORM

	PRICE	QTY.	TOTAL PRICE
<b><i>A WOMAN'S WAY THROUGH THE TWELVE STEPS</i></b> (13 sessions)			
2nd Edition (2024). Please contact <a href="mailto:kim@stephaniecovington.com">kim@stephaniecovington.com</a> for information on the 1 <sup>st</sup> edition.			
<i>A Woman's Way through the Twelve Steps</i> (Book in English)	\$ 19.95	_____	\$ _____
Workbook (English)	\$ 19.95	_____	\$ _____
Set (1 Book, 1 Workbook in English)	\$ 33.95	_____	\$ _____
Facilitator's Guide	\$ 105.00	_____	\$ _____
Sets (5 Books, 5 Workbooks in English)	\$ 169.00	_____	\$ _____
1 Facilitator's Guide, 10 workbooks	\$ 259.00	_____	\$ _____
DVD	\$ 265.00	_____	\$ _____
Complete Set (10 books, 10 workbooks, and 1 FG)	\$ 429.00	_____	\$ _____
<i>La Mujer Y Su Práctica de los Doce Pasos</i> (Book in Spanish)	\$ 19.95	_____	\$ _____
<i>Libro de Ejercicios</i> (Workbook in Spanish)	\$ 19.95	_____	\$ _____
 <b><i>A YOUNG MAN'S GUIDE TO SELF-MASTERY</i></b> (14 sessions)			
Workbook in English	\$ 14.95	_____	\$ _____
Facilitator's Guide (includes 1 workbook)	\$ 99.95	_____	\$ _____
 <b><i>AWAKENING YOUR SEXUALITY: A Guide for Recovering Women</i></b>	\$ 21.95	_____	\$ _____
 <b><i>BEYOND ANGER AND VIOLENCE: A Program for Women</i></b> (21 sessions)			
Participant's Workbook	\$ 33.95	_____	\$ _____
Facilitator's Guide (includes 1 workbook and DVD)	\$ 210.95	_____	\$ _____



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## BOOK ORDER FORM (continued)

***BEYOND TRAUMA: A Healing Journey for Women*** (12 sessions)

2nd Edition (2016)

Workbook	\$15.95	_____	\$ _____
Facilitator's Guide	\$ 99.00	_____	\$ _____
Workbooks (pack of 10)	\$139.00	_____	\$ _____
Facilitator's Guide & 10 workbooks	\$ 219.00	_____	\$ _____
DVDs (2 Facilitators and 1 Client)	\$ 425.00	_____	\$ _____
Complete Set (FG, 20 workbooks, 3 DVDs)	\$ 729.00	_____	\$ _____

***BEYOND VIOLENCE: A Prevention Program for Criminal Justice-Involved Women*** (20 sessions)

Participant's Workbook (English)	\$ 38.95	_____	\$ _____
Participant's Workbook (Spanish, print-on-demand)	\$ 39.50	_____	\$ _____
Facilitator's Guide (includes 1 workbook and DVD)	\$ 210.95	_____	\$ _____

***EXPLORING TRAUMA+: A Brief Intervention for Men and Gender Diverse People***

2 <sup>nd</sup> Edition (2021) (6 sessions on flash drive)	\$ 345.00	_____	\$ _____
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***HEALING TRAUMA+: A Brief Intervention for Women and Gender Diverse People***

3 <sup>rd</sup> Edition (2021) (6 sessions on flash drive)	\$ 345.00	_____	\$ _____
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<b><i>HEALING TRAUMA+ and EXPLORING TRAUMA+ (packaged set)</i></b>	\$ 615.00	_____	\$ _____
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***HELPING MEN RECOVER: A Program for Treating Addiction*** (21 sessions)

2<sup>nd</sup> Edition (2022). Please contact [kim@stephaniecovington.com](mailto:kim@stephaniecovington.com) for information on the 1<sup>st</sup> edition.

Participant's Workbook (English)	\$ 34.95	_____	\$ _____
Participant's Workbook (Spanish, print-on-demand)	\$ 41.50	_____	\$ _____
Facilitator's Guide (includes 1 workbook)	\$ 205.00	_____	\$ _____

*Special Edition for use in the criminal justice system*

Participant's Workbook (English)	\$ 34.95	_____	\$ _____
Participant's Workbook (Spanish, print-on-demand)	\$ 41.50	_____	\$ _____
Facilitator's Guide (includes 1 workbook)	\$ 205.00	_____	\$ _____



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**BOOK ORDER FORM**  
**(continued)**

**HELPING WOMEN RECOVER: A Program for Treating Addiction (20 sessions)**

3<sup>rd</sup> Edition (2019). Please contact [kim@stephaniecovington.com](mailto:kim@stephaniecovington.com) for information on previous editions.

Participant’s Journal (English)	\$ 36.95	_____	\$ _____
Participant’s Journal (Spanish, print-on-demand)	\$ 39.50	_____	\$ _____
Facilitator’s Guide (includes 1 journal)	\$ 220.95	_____	\$ _____

*Special Edition for use in the criminal justice system*

Participant’s Journal (English)	\$ 36.95	_____	\$ _____
Participant’s Journal (Spanish, print-on-demand)	\$ 39.50	_____	\$ _____
Facilitator’s Guide (includes 1 journal)	\$ 220.95	_____	\$ _____

<b>HIDDEN HEALERS:</b>	\$ 22.95	_____	\$ _____
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**VOICES: A Program of Self-Discovery and Empowerment for Girls (12 sessions)**

2<sup>nd</sup> Edition (2017)

Journal in English	\$ 11.50	_____	\$ _____
Journal in Spanish (2 <sup>nd</sup> edition)	\$ 13.60	_____	\$ _____
Facilitator’s Guide (includes 1 journal)	\$ 95.00	_____	\$ _____



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## BOOK ORDER FORM (continued)

### **VOICES Lite: A Program of Self-Discovery and Empowerment for Girls** (18 sessions)

The standard *Voices* workbook is used for group participants of the *Voices Lite* program

Facilitator's Guide (print-on-demand)	\$ 75.00	_____	\$ _____
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### **WOMEN AND ADDICTION: A Gender-Responsive Approach**

Manual/DVD/CE Test	\$ 225.00	_____	\$ _____
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Manual & CE Test	\$ 74.95	_____	\$ _____
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### **WOMEN IN RECOVERY: Understanding Addiction**

English version	\$ 6.85	_____	\$ _____
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Spanish version	\$ 6.85	_____	\$ _____
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