



February 3-5, 2026

**DAY 1**  
**February 3**

7:00 am	Registration Opens
7:15 am – 8:30 am	Breakfast
8:30 – 10:00 am	Opening Session —Stephanie S. Covington
10:00 – 10:20 am	Morning Break
10:20 – Noon	Opening Session with Stephanie continues
Noon – 1:00 pm	Lunch
1:00 – 2:45 pm	Core Curriculum Tracks: Attendees select one Track to participate in on both Day 1 and Day 2 <ul style="list-style-type: none"><li>• Track 1 - <i>Helping Women Recover</i>—Carol Ackley</li><li>• Track 2 - <i>Beyond Trauma</i>—Eileen Russo</li><li>• Track 3 - <i>Voices: A Program of Self-Discovery and Empowerment for Girls</i>—Candice Norcott</li><li>• Track 4 - <i>Beyond Violence+/Beyond Anger and Violence+</i>—Gina Fedock and Patricia Esparza</li><li>• Track 5 - <i>Helping Men Recover</i>—Shane Pugh</li></ul>
2:45 – 3:05 pm	Afternoon Break
3:05 – 4:30 pm	Core Curriculum Tracks continue
4:30 – 7:00 pm	Break to enjoy dinner on your own
7:00 – 8:30 pm	Evening Session Day 1: <i>Hidden Healers: Justice-Impacted Women</i> —Stephanie S. Covington

**DAY 2**  
**February 4**

7:45 am – 8:30 am	Breakfast
8:30 – 10:00 am	Core Curriculum Tracks continue: Attendees participate in the same Track as Day 1 <ul style="list-style-type: none"><li>• Track 1 - <i>Helping Women Recover</i>—Carol Ackley</li><li>• Track 2 - <i>Beyond Trauma</i>—Eileen Russo</li><li>• Track 3 - <i>Voices: A Program of Self-Discovery and Empowerment for Girls</i>—Candice Norcott</li><li>• Track 4 - <i>Beyond Violence+/Beyond Anger and Violence+</i>—Gina Fedock and Patricia Esparza</li><li>• Track 5 - <i>Helping Men Recover</i>—Shane Pugh</li></ul>
10:00 – 10:20 am	Morning Break
10:20 – Noon	Core Curriculum Tracks continue
Noon – 1:00 pm	Lunch
1:00 – 2:45 pm	Core Curriculum Tracks continue
2:45 – 3:05 pm	Afternoon Break
3:05 – 4:30 pm	Core Curriculum Tracks conclude
4:30 – 7:00 pm	Break to enjoy dinner on your own
7:00 – 8:30 pm	Evening Session Day 2: <i>A Woman's Way through the Twelve Steps</i> —Stephanie S. Covington



**DAY 3**  
**February 5**

7:45 am – 8:30 am	Breakfast
8:30 – 10:30 am	Special Topics: Attendees select one of the specialized Topics <ul style="list-style-type: none"><li>• Special Topic 1 - <i>Awaken Your Sexuality</i>—Vanessa Carlisle</li><li>• Special Topic 2 - <i>Children and Trauma</i>—Karen Treisman</li><li>• Special Topic 3 - <i>Healing Trauma+ and Exploring Trauma+</i>—Eileen Russo</li><li>• Special Topic 4 - <i>A Young Man’s Guide to Self-Mastery</i>—Shane Pugh</li><li>• Special Topic 5 - <i>The Trauma-Informed Effective Reinforcement (TIER) System</i>—Tammy Rothschild and Christina Villatoro (nee Cicero)</li></ul>
10:30 – 11:00 am	Morning Break
11:00 – 12:15 pm	Closing Session—Stephanie S. Covington

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